



MTWAC

Cultural sensitivity & awareness training

What is Cultural Sensitivity and Awareness Training, what do I learn and why should I do it?

This training program provides the participant with knowledge and insights regarding the history and culture of Tasmanian First Nations people while understanding the contemporary challenges they are facing today. Cultural sensitivity and awareness training aims to educate non-Aboriginal people about aspects of Tasmanian First Nations beliefs and practices, past and present.

Cultural sensitivity and awareness helps to break down cultural barriers, build cultural bridges, and learn how to respect and appreciate First Nations people for their deep history, unique culture and connections to country. The program will highlight

cultural diversity and better understanding in a safe and mutually respectful environment.

Basically, this training addresses three issues: 1) awareness of the effect of culture on ones' own communication; 2) knowledge of and appreciation for the differences between cultures and the sources of those differences; and 3) learning to pick up the subtle clues that can signal a problem in communication

1. Think beyond race and ethnicity and explore why a person's culture is shaped by more than the colour of their skin or the way that they live and dress.
2. Learn by asking.
3. Network.
4. Pay attention to non-verbal behaviours.
5. Exchange stories.

Cultural Sensitivity and Awareness Training can be emotionally confronting but also an enlightening experience.

Day 1 – Facilitator session within a training room

- Timeline of First Nations history - from deep history to present day.
- Includes National and Tasmanian history.
- Includes discussion of key events such as, Walk across the Bridge, Racism, Government Policies, Referendum, Redfern Speech etc.

The facilitated session will include an interactive activity - building the historic journey-lines

Location: Business training room or suitable premises (Launceston)

Session Time: 3-4 hours

Groups of 10 - 14

2 facilitators (including an MTWAC Elder)

Catering is not provided across both days.

Day 2 – A walk on country

An opportunity to walk on-country (Tebrakunna Cape Portland) to discover and discuss the important landscapes that are culturally significant for Tasmanian First Nations people.

- Continued discussion First Nations history.
- Discovery of food and medicinal sources and living sites.
- Discussion on what country means for First Nations people
- Undertaking a cultural activity (string making, working with wood and kelp)

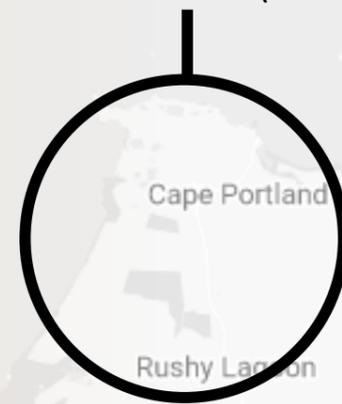
Session Time: 4-5 hours

2 facilitators (including an MTWAC Elder)

Travel: Participants required to arrange their own transport

Suitable all weather clothing and walking shoes are required

Location: Tebrakunna Cape Portland (North East Tasmania)



To book, email:

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